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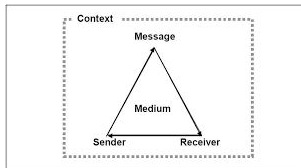
**Conscience / Conscious Culture
Model Compilation**

- ### 11. Rain/water Cycle Model... nitrogen and carbon
- Evaporation** (sun heats water rises into air)
 - Condensation** (water cools and condenses)
 - Precipitation** (enough water condenses to become heavy enough to fall to ground)
 - Collection** (collects in ground wells and rivers flowing back into the ocean)

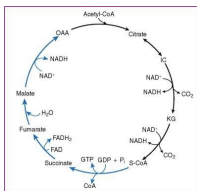


***COMMUNICATION TRIANGLE (& *Rhetorical triangle)**- After

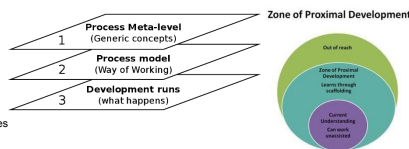
- individual, now triangle (but introduce multi-persona as necessity for self-teaching and learning) while triangle tilts to form a message in the upper right, reflected is another triangle, a subconscious message in the lower left



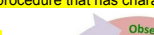
12. MEDIUM; SENDER, MESSAGE, RECIEVER,
a. (parallel master slave and dominance vs submissive tendencies in
neuroticism failure to acknowledge message or the process of talking to
self to get this message out, as we are individuals, but we also operate
together and "log into" others for help, assistance, etc.
13. "Maslow hierarchy of needs into wheel/communication triangle
(expressing the fulfillment and leading to a development of a persona) (escapes the wheel)

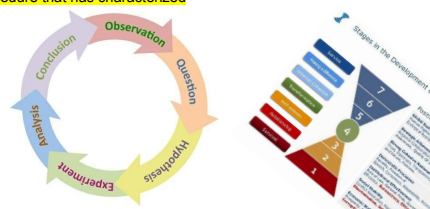


14. *COGNITIVE PROCESSING – PIAGET (Vygotsky (zone of proximal dev.)/piaget combo and my bio-addition (larynx, private speech - "self-mantras")
- bio basis on *larynx whisper* and *mantra* memory development and the learning of formal processing to expand into the larger cognitive processing circles (meta systematic and paradigmatic) and meta system
 - Sensorimotor**
 1. Calculatory
 2. Automatic
 3. Sensory or motor
 4. Circular sensory motor
 5. Sensorimotor (form concepts)
 - Pre-operational**
 1. Nominal – relations among concepts
 2. Sentential – imitate sequences
 3. Primarv -
-

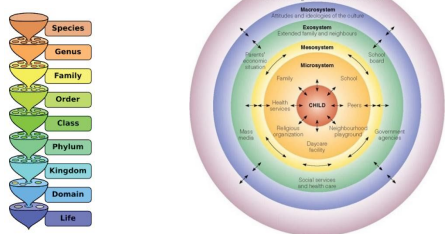
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19. Scientific Method – A method of procedure that has characterized natural science since the 17th century, consisting in **systematic observation, measurement, and experiment, and the formulation, testing, and modification of hypotheses**
- SCIENCE NOT SILENCE
What do we want? SCIENCE! When do we want it?
- 
- FOR PEER REVIEW!



20. Stages of Community Building
- Pseudo community (TL)
 - Chaos (BL)
 - Emptiness (BR)
 - True Community (TR)
21. **Stereotype content model** (adapted from Fiske et al. (2002) (Warmth and Competence) – (high c. = high status low c. = low status, high w = not competitive, low w = competitive)
- High warmth low competence: **paternalistic** stereotype,
 - low w. low c.: **Contemptuous** stereotype,
 - High C. Low W.: **Envious** Stereotype,
 - High c. high w.: **admiration**
22. **The Four Fundamental Forces**
- Gravitational (weak or strong) (Y)
 - Electromagnetic (weak or strong) (X)
 - Nuclear force (protons and neutrons attracted to each other)
 - Electromagnetic force (electrons attracted to protons)



24. Cultural map

Cultural Map

The Five Stages of Culture

Stage	%	Behavior	Relationship to people	Language
5	2%	Innocent Womandoment	Team	"Life is great"
4	22%	Tribal Pride	Stable Partnership	"We're great"
3	49%	Lone Warrior	Personal Domination	"I'm great"
2	25%	Apathetic Victim	Separate	"My life sucks"
1	2%	Undermining	Alienated	"Life Sucks"

- 25. SPIRITUAL/HISTORICAL**
- a. TRIANGLE / Holy Trinity,
 - i. mother father and child or god, son and holy spirit (Sender, Receiver, Message), bible, Vedas and Bowen family model
 - ii. past present future
- 26. 7 Deadly Sins v. 7 Heavenly Virtues**

Add **carbon/nitrogen/oxygen/heat (system exchange law, cold to hot hot to cold cycle, betrayal trauma** [6] (hi trauma/low trauma, **Berne's 4 life positions** (I'm okay/Not okay, You're Okay/Not Okay) [7] Berne, **transactional analysis** (parent, adult, child (a triangle abopmahdbyencompassing the self (C3/7 position)) [8] and **Ernst's Isadora outstabor** 4 [8-1] (disorders [8-1/102 move to first [8], ego (psycho-socio spheres [8-2]) and superego (politic sphere [8-3]), Love and Fear (center yinyang (quoting from Kubler article and oxycontin research)), **Kohlberg's Stages of Moral Development** [11] (i. Preconventional: 1. Obedience and punishment: How can I avoid punishment? 2. Self-interest orientation: What's in it for me? Paying for a benefit), ii. Conventional: 3. Interpersonal Accord and conformity, Social norms, Good boy/girl attitude, 4. Authority and social-order maintaining orientation, law and order morality, iii. Post-conventional: 5. Social contract orientation, 6. Universal ethical principles, Principled conscience 1. **Sartre Psychology** [12] (great wound, transformation, bigger story, union with beloved), **eight circuit model** [13] (oral, anal, laryngeal manual, socio sexual, neuro-somatic, neuro-energetic, neuro-genetic, neuro-atonic), Darley and Latane **5 stages of helping behavior**, [14] (Notice, Interpret, Degree, Form, Implement), **love languages** [15] (receiving gifts, quality time, words of affirmation, acts of service, and physical touch), 5 & for 7 **love hormones** [16], **Hegel-Slave-Dialectic** [17], Reaction, Death Struggle, Enslavement and Mastery, Contradiction and Resolution, **Nietzsche** [18] Master-Slave Morality, **Classical del of knowledge** [19] V-Diagram: (Know belief) Belief, Truth, justified belief and knowledge, **scientific law** [20] V-Diagram: laws, theories, and Repeated Successful Predictions, **Brain Waves** [21] Delta, Theta, Alpha, Beta, Gamma, **Sleep Cycles** [22], Wake, REM, NREM1, NREM2, NREM3, **Working Memory Model** [23], Central Executive (top politico), Episodic Buffer (middle co), Visuo-spatial Sketchpad (or all exist inside psych alone?), Phonological Loop, **4 Paradigms of Cognitive Dissonnance** [24], Belief Confirmation (BL), Effort Justification (TL), Induced Compliance (BR), Free Choice (TR), **Cognitive Dissonnance 4 Magnitude Reduction Methods** [25], ignore or deny, Justify (TL), Justify by adding new cognitions (BR), Change the behavior (TR) **4 categories correlating human behavior** [26] intrapsychic (biopsychosociospiritual) [27], interpersonal, intragroup, intergroup, Parenting styles and governmental styles (permissive v) **and non-violent communication** (a verified western "protocol") add: huane brain, temporal circuit, aggregate to eeg (blotch1991, kanuram2016, 2004/01975, feb2014, wang2014, masurand2019)more notes in spiral memo pad))

*=1 or more citations in cc downloads

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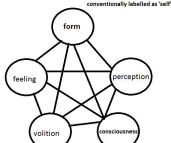
- i. **Pride v. Prudence**
- ii. **Greed v. Justice**
- iii. **Lust v. Temperance**
- iv. **Envy v. Courage** (or fortitude)
- v. **Glouttony v. Faith**
- vi. **Wrath v. Hope**
- vii. **Sloth v. Charity** (last 3 are the "three theological virtues")

27. Kabballah Tree of Life

- i. 1. **Sovereignty**
- ii. 2. **Foundation** – 3l **splendor** and 3r **victory**
- iii. 4. **Beauty** – 5l **strength**, **law** and 5r **loving-kindness**
- iv. 6 **Knowledge** – 7l **understanding** and 7r **wisdom**
- v. 8. **Crown**

28. Buddhist

- a. 5 aggregates
 - i. When likened/paired with 5 big persona traits
 - 1. **Consciousness** top
 - 2. Top left = **voition** (likened to thinking)
 - 3. Bottom left = **form** (that which is already there but unaware)
 - 4. Bottom right = **feeling**
 - 5. Top right = **perception** (likened to sensing)
- b. 3 universal truths
 - 1. **Everything is impermanent** and changing
 - 2. **Impermanence** leads to suffering
 - 3. **The self is not personal** and unchanging
- c. 4 noble truths
 - 1. **Suffering**
 - 2. **Cause** of suffering
 - 3. **End** of suffering
 - 4. **The path** that leads to the end of suffering
- d. 8-fold path
 - i. Right **effort** (BL)
 - ii. Right **concentration** (L X axis)
 - iii. Right **mindfulness** (TL)
 - iv. Right **action** (BR)
 - v. Right **speech** (R X axis)
 - vi. Right **intention** (TR)
 - vii. Right **view** (top y axis)
 - viii. Right **Livelihood** (bottom y axis)



the development of each identity through the needs

In the bottom left/ phlegmatic/diffusion square

- 1. Add missing children

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- 2. Add dead activist yearly
- 3. Add extreme mental disorders bottom left, narcissist top left, submissive suicidal bottom right
- 4. Add bullcrap elon musk city (bottom left/ subconscious message) vs one community global and open source ecology (top right/ conscious message)